

# Yoga Teacher Training 200 Hr & Yoga Training Modules



## MIND YOUR BODY OASIS

MIND YOUR BODY OASIS...IT'S WHERE YOU LIVE

- Module 4: Anatomy, Alignment & Stage Presence Yolunda 3/3-5/17
- Module 5: Branding, Marketing, Ethics, Laughter Yoga Amanda 3/24-26/17
- Module 6: Teaching Techniques Intensive III Soozie 4/21-23/17
- Module 7: Teaching Techniques Intensive IV Soozie 4/27-29/17
- Module 1: Foundation:Yogi Lifestyle, Nutrition, Ayurveda Amanda 5/19-21/17
- Module 2: Teaching Techniques I (pre requisite to II-IV) Soozie 6/10-6/12/17
- Module 3: Teaching Techniques Intensive II Soozie 6/16-18/17
- Module 4: Teaching Techniques Intensive III Soozie 6/23-25/17
- Module 5: Teaching Techniques Intensive IV Soozie 7/7-7/9/17
- Module 6: Anatomy, Alignment & Stage Presence Yolunda TBD
- Module 7: Branding, Marketing, Ethics, Laughter Yoga Amanda TBD